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Health Benefits from Ionized Water

*How Ionized Water can help You
Achieve better Health*

1. Ionized Water Is Nature's Antioxidant

Alkaline, ionized water acts as a powerful and natural antioxidant.

Because 60% of our body weight consists of water it is important to look at what type of water will benefit you the most.

Ionized water through having a negative ORP (see below) and through producing hydroxyl ions helps with oxygen production, neutralizing harmful free radicals, increasing your energy level, correcting your body's acid/alkaline balance, hydrating cells and in general reducing many of the symptoms of aging.

Millions of dollars are spent on the antioxidants vitamins A, C and E yet millions again are spent on buying bottled water that is over 100 times more acidic than regular water and which is unable to be ionized because all the essential alkalizing minerals have been taken out.

What vitamins A, C and E have in common with ionized water is they are capable of carrying oxygen with an extra electron attached. These hydroxyl ions in the ionized water seek out and neutralize free radicals. This is very important since free radicals are what cause damage to our cells and bring about disease and (premature) aging. When the hydroxyl ions as an antioxidant have neutralized the free