

Home

Home

Articles Library Directory

Water
Alkaline &
Ionized Water

- [How Alkaline, Ionized Water Works](#)
- [What is Water Ionization](#)
- [The Science of Ionized Water](#)
- [Benefits of Alkaline Water](#)
- [Benefits of Acid Water](#)
- ["Alkaline Water and Stomach Acid" by Sang Whang](#)
- [Testimonial - How Alkaline Water changed my Life](#)
- [Water, FIR and Resonant Frequency by Sang Whang](#)

General Water
Info

- ["Startling Health Facts about Water"](#)
- ["Water: The Problem and the Solution"](#)
- [Issues with Purified Water](#)
- [Your tap Water](#)
- [Common Water Contaminants](#)
- [Comparing Types of Water Filters](#)

How Ionized Water Changed my Life

The following is an unedited letter from one of our many grateful customers. By request, it is published in full so that you may read how alkaline, ionized water dramatically changed Mike's life for the better.

This water ionizer product has worked wonders for me in the areas of high blood pressure, severe (almost crippling) foot pain and overall joint pain. Before I started drinking ionized water I couldn't use the stairs at work...up or down because of the pain.

My blood pressure at one time, about a year and a half ago, was 220 over 180 when I was admitted to the hospital and I was on blood pressure pills for over a year. The attendants couldn't believe I hadn't had a stroke or heart attack. I had to see my doctor and immediately was put on high blood pressure pills. I no longer take the pills and my BP has been in the normal range for the past six months. I just had it tested twice in the last two weeks and it is normal. I was told that I would be on the pills for the rest of my life!

I also had serious Prostate problems (prostatitis-sp?) and my prostate is enlarged and has been since University days (30 years). Back in June or July 2005 I think it was, I was in the QEII hospital (Halifax, NS, Canada) and scheduled for a bladder operation and the doctor was all set for it and I ended up saying no to it after he informed me I would more than likely be incontinent for the rest of my life because of the operation. I had heard that this bladder operation had caused other people to be incontinent as well. I already was on prostate medication for about 8 months (and high blood pressure medication as well) and it made me so dizzy at times that I would almost fall off my chair sorting mail at CPC.

It was THAT bad...no kidding.

I hated it and I felt terrible and that is why I was going to get the operation done. The medication helped but only a little bit and the side effects were too awful to justify staying on the medication.

I used to be a letter carrier and had several accidents slipping on the ice and such and I had knee surgery on my right knee and rotator cuff surgery on my right shoulder. I was eventually diagnosed with arthritis in both knees and at one point the pain was so bad I actually couldn't go walking anymore. I used to say to my wife at one time that I just wanted to be able to enter retirement and be able to enjoy walking, because at that time I couldn't do it and was very scared I would not be able to walk because I had so much knee and foot pain.