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#### Anti-Aging

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After the surgery my right knee was much better but I still couldn't walk any distance because I had pain in my left knee and feet as well. The surgeon said I would eventually probably have to have surgery in my left knee as well!

Anyway, I was on a lot of pills and because of the possibility of bladder surgery I thought there has to be another way. That is when I started looking into why I was suffering so much with a lot of the health problems I was having. Of course I started looking under STRESS and how that affects the body and after many long nights on the computer reading about stress and the effects on the body and how acid buildup affects the body.

I eventually ordered the MICROLITE water filter and then sometime afterwards, the VIVA ionized air filter.

My wife Ann will tell you it is almost miraculous what this MICROLITE water filter has done for me. I am a converted water drinker now and drink 2-3 liters a day along with a few bicarbonate pills daily. When we are away from home and cannot use our ionizer water filter unit we use the AlkaLife drops that were also advertised on the site, as instructed.

For the first 2 months I drank 4 or more liters of water a day and let me tell you...that was extremely difficult; I believe I could get away with 2 liters a day now but I honestly like drinking the amount that I do. I can honestly say that I am a new person today because of what the change in my health has done for me!

I was on sleeping pills, anti depressants, pain killers, high blood pressure pills, and pills for enlarged prostate, pills for my bladder problem and if I dug around the cupboards I probably could find a few others. A year and a half ago I wanted to die! I am not kidding I felt that sick and that bad but today I am off all the pills and have been working out and feel better than I have in many years.

My dad is 88 and suffers from high blood pressure. I got him drinking ionized water about 6 months ago and he just told me the other day he had his checkup and was informed his blood pressure is down. He attributes it to the ionized water! My brothers and sister are now interested because of what has happened to dad and me. Wonderful product ... I wish I knew about it 10 years ago!

Oh yes; we were influenced to buy this particular product because of the proven track record of the product and also because of the enormous amount of information on the websites and the testimonials.

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